

pre 2015

The screenshot shows a user profile for 'nikkesblue' with a mood of 'Anxious'. The page is divided into several sections: 'Assess Yourself' with various mood checklists (PTSD, General distress, Sleeping, Self esteem, Obsessive or compulsive); 'Create Bricks' featuring two text-based bricks about anxiety; 'Talkabouts' with a list of recent posts from users like Aurora_RebelThriver and s1a1234; 'Make Friends' with a row of user avatars; 'Understand More' with links to helpful information; and 'Join a Program' with options for Anxiety, PTSD - Military Version, and Lose Weight the Healthy Way. A footer contains site rules, guides, and contact information.

2016 - https://bigwhitewall.us

The screenshot shows a user profile for 'Sunny Sky' with a mood of 'overwhelmed'. The page features a 'Complete your profile' prompt, a 'Share a talkabout' button, and four main content cards: 'Talkabouts', 'Bricks' (with a 'EXPRESS MYSELF' graphic), 'Guided Support', and 'Useful Stuff'. A footer contains a disclaimer and copyright information for 2016 Big White Wall Holdings Inc.

2017 - https://realtimeboard.com/app/board/o9J_k0mRhzw=

The screenshot shows a user profile for 'Nikkiesblue' with a mood of 'bliss'. The page displays 'Nikkiesblue's Activities' with several posts: 'A thought about family', 'Manage Anxiety' (a guided workshop), 'The Illusion of Happiness', and 'Goal setting'. Each post includes a title, a brief description, and a 'reply comment here' section with a text input field. A footer contains the RealtimeBoard.com logo.